

## **Environment and Sustainable Development in Cuba Program**

**Day 1** Arrival in Havana. Bus-tour of Modern Havana. Hotel check-in. Program Briefing / Information meeting Welcoming dinner at a local restaurant. Evening “on your own”. Enjoy the cultural options.

**Day 2** Welcome at the Headquarters of the Cuban Institute for Friendship with the Peoples (ICAP). Presentation of AMISTUR Cuba S.A - ICAP’s Travel Agency and your host in Cuba. Exchange with representatives from the Ministry of Science, Technology and the Environment (CITMA). Topic: CITMAS’s policies and priorities. Lunch at a local restaurant. Visit to the Antonio Núñez Jiménez Foundation for Nature and Men (FANJNH). Exchange with specialists. Topic: Promotion and development of Sustainable Agriculture in Cuba. Visit to a permaculture project. Return to the Hotel. Evening “on your own”. Enjoy the cultural options.

**Day 3** Visit to the Havana Harbor Cleaning Project. Exchange with specialists. Topic: Explanation of the Project: usefulness and perspectives. Walking tour of Havana’s historical center, designated as a World Heritage site by UNESCO in 1982, together with its fortification system. It is a mesmerizing mixture of architectural styles. You will live history through the present time. It will include visits to the following sites: Plaza de Armas, Plaza de San Francisco, Plaza Vieja, Plaza de la Catedral; and Bodeguita del Medio - a symbolic restaurant of the city. Return to the hotel. Lunch at a local restaurant. Visit to Alamar Organic Farm - an urban agriculture project. Exchange with the Project’s managers and workers. Return to the Hotel. Exchange with members of a Committee for the Defense of the Revolution (CDR), community organization.

**Day 4** Departure for the Province of Artemisa, west of Havana. Arrival in Las Terrazas community, located in the Sierra del Rosario mountain range – designated as a Biosphere Reserve by UNESCO in 1985. Visit to the Eco-station and exchange with specialists. Topic: Conservation, Development and Environmental Education at the Reserva. Lunch at a local restaurant. Tour of Las Terrazas Community. Return to Havana. Return to the Hotel. Evening “on your own”. Enjoy the cultural options.

**Day 5** Departure for Ciénaga de Zapata National Park – unesco Biosphere Reserve, RAMSAR site- the biggest wetland in the Caribbean, located in the province of Matanzas. Visit to CITMA headquarters at Ciénaga de Zapata National Park. Exchange with specialists. Topic: Actions for wetland conservation and protection. Lunch at a local restaurant. Visit to the Crocodile breeding farm. Boat trip around Laguna del Tesoro. Return to Havana. Return to the Hotel. Evening “on your own”. Enjoy the cultural options.

**Day 6** Visit to the Cuban Renewable Energy Research Center (CubaSolar). Exchange with specialists. Topic: The use of renewable energy in Cuba. Visit to renewable energy-related project(s). Lunch at a local restaurant. Visit to Muraleando Community Project. Visit to Almacenes de San José Cultural Project at the historical center in Havana, example of the current Cuban economic model. Return to the Hotel. Wrap-up/Evaluation meeting Farewell dinner at a local restaurant.

**Day 7** Hotel Check out and departure for José Martí International Airport.