

CUBAN WOMEN WITHIN SOCIETY PROGRAM

Day 1 Arrival in Cuba City bus tour of Modern Havana Hotel check-in. Program Briefing / Information meeting Welcome dinner at a local restaurant Evening “on your own”. Enjoy the cultural options.

Day 2 Welcome at the venue of the Cuban Institute of Friendship of the Peoples Presentation of AMISTUR Cuba S.A, ICAP’s Travel Agency and your host in Cuba. Exchange with representatives of the Federation of Cuban Women (FMC). Topic: The women’s role in today’s Cuban society. Lunch at a local restaurant. Visit to a House for the Counseling to the Women and Families. Topic: Collaboration between the social worker and the FMC for the counseling to the women and families. Visit to the José Martí Memorial and the Revolution Square architectural complex. Return to the hotel. Evening “on your own”. Enjoy the cultural options.

Day 3 Visit to the Museum of the Revolution. Walking tour of Old Havana, Historical Center declared – together with its fortification system- as World Heritage by UNESCO in 1982. Dazzling mix of architectural styles. The tour includes visits to the Arms Square, the Saint Francis of Assisi Square, the Old Square, the Cathedral Square and the Bodeguita del Medio, symbolic restaurant of the city. Lunch at a local restaurant. Visit to the Department for the Study on Women of the University of Havana. Exchange with Specialists. Topic: Presentation of research outcomes. Return to hotel. Dinner Exchange with members of a Committee for the Defense of the Revolution (CDR), community organization.

Day 4 Guided visit to the Literacy Campaign Museum.

Walking tour around Ciudad Escolar Libertad. Visit to a school. Exchange with students and teachers. Lunch at a local restaurant. Visit to a Maternity Home, part of the Maternal/Infant Program of the Cuban Ministry of Public Health. Learn about the attention to pregnant women with health risk factors and/or social disadvantages. Visit to a gallery-studio of a Cuban artist. Return to the hotel. Evening “on your own”. Enjoy the cultural options.

Day 5 Departure for Viñales town, in Pinar del Río province. Tour of Viñales Valley, declared UNESCO World Cultural Landscape in 1999. Stop at Los Jazmines sightseeing point, spectacular view of the Viñales Valley. Lunch at a local restaurant. Visit to the Tobacco Farm “Despalillo” to know about the process of treatment, fermentation and selection of the tobacco leaves, once the drying process has finished. You’ll be able to witness the origin of the most exquisite cigar in the world. Return to Havana. Evening “on your own”. Enjoy the cultural options.

Day 6 Visit to a scientific research center or a factory. Exchange with female workers. Visit to the National Center for Sex Education (CENESEX). Exchange with specialists. Topic: Sex education policies in Cuba: educational, social, cultural and legal actions in defense of the LGBT groups. Lunch at a local restaurant. Visit to a dance project. Exchange with female dancers. Wrap-up / evaluation meeting. Farewell dinner at a local restaurant.

Day 7 Hotel check out and departure for José Martí International airport.